

Trainee Report, Spring 2016

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takeAIM update

Acute Medical registrars across the country have continued to drive the enthusiasm to Take AIM! Following the success of the first national takeAIM conference in Manchester in November, the takeAIM fellows are organising regional conferences to drum up interest. The first of these conferences was held in London on February 25th, followed by conferences in Bristol, Bradford, Birmingham, Durham and Newcastle. We are looking forward to an exciting program of clinical updates from specialists followed by break out groups where interested trainees can engage with current AIM trainees to talk about AIM as a career and the opportunities to broaden their clinical practice through specialist skills. Further details on the different projects under development can be found on the takeAIM website (takeaim.org.uk). If you would like to run a session in your area or have any careers events, please contact the takeAIM team and they can help you with materials and assistance!

The second national takeAIM conference will be held on 11th June 2016 in Birmingham. The program is being finalised and details will be made available on the takeAIM website. Look out for the summer takeAIM conference which is being planned in June 2016!

Junior doctor contracts

You don't have to look far in social media, or indeed in mainstream media to capture a flavour of the discontent amongst medical trainees for the new contract. At the time of writing, the Secretary of State has taken a decision to impose the new contract from August 2016. The Society for Acute Medicine Council has been firm in their support of trainees, making clear their stance that a new contract must recognise the hard work put in by AIM trainees up and down the country and must reflect the need for a proper work-life balance. This has always been one of the great challenges within acute medicine and is key to our ability to attract doctors in core training into a career in Acute Internal Medicine. NHS Employers have just released some mock rotas, reflecting the new contracts. These will need to be closely studied to ascertain the impact on our trainees.

Trainee collaboratives

We have established a group amongst trainee representatives across the various regional LETB's. This is a powerful network and medium through

which we can establish collaboratives / collect data / effect improvement across the country. If you have any ideas, or if you would like to engage this group, please email me on skmoorthy@doctors.org.uk.

2016 AIM trainee survey

As you read this, you should have received your 2016 trainee survey. The 2015 results were interesting and gave us very useful information to gauge the satisfaction amongst trainees. This information formed the basis for conversations within SAM on how we can improve the training experience going forward. You will see a number of familiar questions in this year's survey which will serve as a useful benchmark to compare against. Please do take the time to fill in the survey and look out for the results at SAM Belfast.

Specialty Advisory Committee update

A working group has been established to develop an ultrasound curriculum that will be relevant and useful to AIM trainees. It is hoped this will become a popular qualification for trainees to undertake, and may be recognised as a specialist skill (watch this space). Look out for further information around Focussed Acute Medicine Ultrasound (FAMUS) and the practical course that is likely to run the day before SAMEdinburgh in September. For further details contact Nick Smallwood (nick.smallwood@gmail.com).

SAMBelfast

SAMBelfast is fast approaching on 5th–6th May 2016. If you haven't already, it is time to start booking hotels and flights! The program looks fantastic with an interesting mixture of lectures and workshops from national and international speakers. Look out for sessions on how to get research or case reports published, during the Trainee Session and regular favourites such as "cases that changed my practice."

As always, there is an excellent opportunity to showcase your work through poster presentations. Details can be found via www.acutemedicine.org.uk. See you all there!

The autumn international conference is being jointly hosted with the Royal College of Physicians, Edinburgh and will be held in Edinburgh on September 12–13th. If you are amongst the trainees rotating in October – get your study leave forms in!

As always, if there is anything you think we can help you with as trainee representatives, do not hesitate to contact us!

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